



your partners in health - te hauora tuhona

Gore Medical Centre Newsletter

April 2022

12 Eccles Street, Gore 9710
(03) 208 9222
email@goremical.co.nz



Manage My Health (MMH) – an online portal that supports our patients.

Our new linked accounts feature now allows MMH users to have access to another person's MMH account. This is very useful for parents wanting to access their children's accounts, or for people who are assisting their elderly parents in ordering prescriptions, booking appointments, and reviewing their medical records.

Access and consent is managed easily through GMC and linked accounts may be unlinked manually anytime, at the request of either of the account holders.

If you wish to sign up, please bring a form of ID (driver's licence, passport) and one of our clinical support staff will get you on your way. You will also need an email address.



ManageMyHealth™
Mobile Apps are here!



REMINDERS

Please ensure you continue with your scheduled smear tests, diabetic follow ups, blood tests and mammograms. If you are well and have no COVID or flu symptoms, these important healthcare checks should not be delayed.

If you are on regular medication, please remember to book in for an annual review as the practice is still undertaking regular checks for patients who need them. You do not necessarily need to come into the practice as these can often be managed through a phone consultation.

If in doubt, give us a call.

FLU 2022

Flu vaccinations are now available. This year, GMC will be operating a flu vaccination clinic at Gore Physio, on the corner of Main and Crombie Streets. There will also be Tuesday evening clinics at GMC. Please phone the practice and make an appointment for your flu shot.

Our Easter hours are:

Good Friday – closed

Easter Monday – closed

Tuesday 19 April (Southland Anniversary Day) – closed

GMC is on call for Friday-Sunday inclusive. The afterhours clinics are 10.00-11.00am and 6.00-7.00pm. Please ring 208-9222 if you need to see a Doctor during the Easter break.



Don't forget about important immunisation updates including HPV, whooping cough and measles. Phone the practice to make an appointment.

Access to Pfizer COVID-19 boosters has expanded to now include 16 and 17 year olds **6 months from completion** of their primary course.

A booster dose is especially recommended for 16 and 17-year-olds who are at higher risk of severe outcomes from COVID-19, including those who are immunocompromised (or living with a family member who is immunocompromised) and Māori and Pacific rangatahi.



Find us on
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Welcome to our new staff members



RN Janelle Gibson

I was born and raised in Gore. I graduated with a Bachelor of Nursing in 2015. I also have a PGCert in Health Science majoring in Mental Health. I have a background in primary care, district nursing and mental health. In January 2021, I began working for WellSouth in the Brief Intervention Services (BIS) covering North Otago. Recently, I transferred back to Southland where I continue in my BIS role 2.5 days a week covering Gore and Tapanui. Outside of work, I am a keen horse rider. I also enjoy hiking, the outdoors and this year agreed to play hockey again after a five year hiatus. Thank you all for a very warm welcome to GMC. I'm very excited to be here.



Dr Erlin van Leeuwen, GP

I am a Dutch General Practitioner and have been working at Gore Medical Centre for a year. I am here with my husband and three children. We enjoy the local community.

I used to live in Amsterdam where I studied medicine and did my specialist training. Before moving to New Zealand, I worked as a locum GP in Amsterdam and surrounding cities for three years. We moved to New Zealand in 2019. I worked in a medical centre in Waihi for a year and then my family and I travelled south to move to Gore.

I enjoy being a GP and love the wide variety of situations – medical psychological and social – that I am confronted with. I am honoured with the trust people put in me. Gore Medical Centre is a great place to work with enthusiastic colleagues and opportunities to develop my skills as a GP.



Practice Manager
Susan Jones

After a long career in local government, I recently joined the Gore Medical Centre as its new Practice Manager. I hold a NZ Diploma in Business and a Diploma in Human Resource Management. I look forward to using my experience and skills for the benefit of the practice.

My husband and I have three adult children and three gorgeous grandchildren. Outside of work, I enjoy family time, travel, anything to do with food/cooking, reading and gardening.

I am proud and delighted to have joined a team of passionate and caring health professionals who have the best interests of our patients at heart.